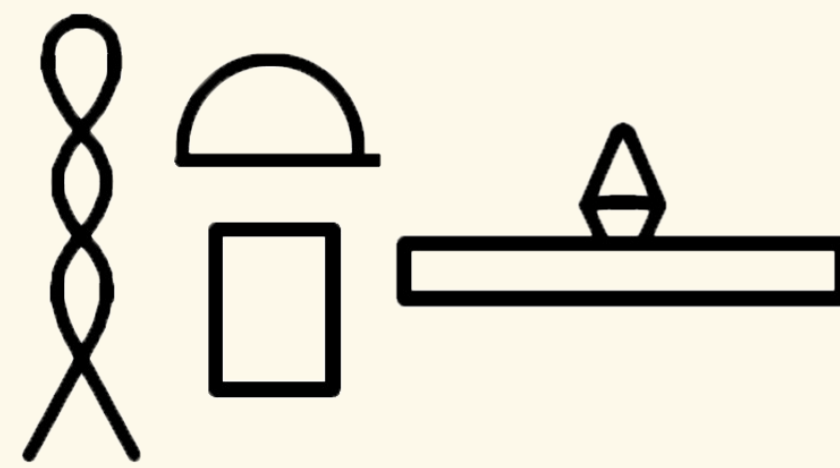


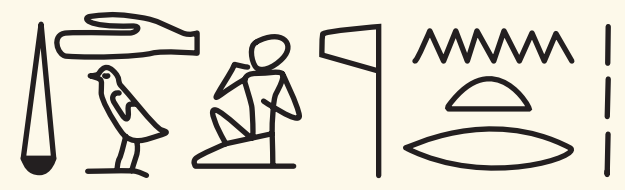
We welcome you with the greetings of the Ancestors.



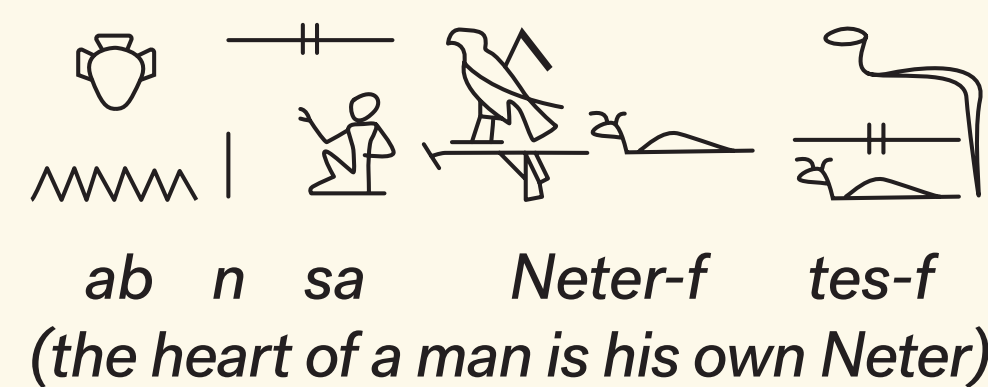
Be at Peace. Be at Rest. Be Free.

Africa and the Knowledge of the Ancestors: *Spirituality Symbol Mythos Harmonium*

At the Cultural Wellness Center, we stress the capacity of Africans to produce knowledge, to have authority over knowledge, and to place significant pressure on dominant societies, institutions, and communities to accurately credit the source and impact of this knowledge.

To our Ancestors, the *Metu Neturu*  is a unique form of symbolic writing and thinking. Symbolic thinking reflects and illustrates the dynamic process of divine thought. Each sign is a symbol that reveals its true meaning only to initiated readers by means of a divinely inspired process.

After 500 years, the African is returning to our original ways of knowing and being in creation.



Your experience in this gallery is a result of a collaboration between Mia and the Cultural Wellness Center. The perspective labels were authored by Cultural Wellness Center faculty: Seba Ahmad Azzahir, Elder Atum Azzahir, Sister Sandjock Likinè, Elder Semerit Seankh-Ka, Brother Kemii Aptezi, and Brother Minkara Tezet.