"We just have to treat everyone the same."

Discussion about Bias IPE Volunteers May 2020



A quick exercise

Imagine a surgeon

Did your image look something like this?



Our brains use shortcuts.

These shortcuts are created based on the information they are given:

Information from parents, teachers, media, the world around us

These shortcuts are another way to think about implicit bias.

We also need to consider how treating everyone the "same" doesn't take into account historic and continued patterns of inequity. We also need to consider how treating everyone the "same" doesn't take into account historic and continued patterns of inequity.

What we intend and what is heard or felt can be very different.

A group of students and chaperones enter Mia at the 24th St. Entrance. They are all people of color. The staff member there, gruffly instructs them to go around the building to the other entrance since they have backpacks, instead of letting them walk through the museum. You enter a gallery with a tour group and encounter a separate group of friends in the gallery sitting on a bench laughing and talking loudly.

You enter a gallery with a tour group and encounter a separate group of friends in the gallery sitting on a bench laughing and talking loudly.

How did you imagine this other group in terms of age, race, and gender?

Consider how you'd react if that other group was

- White women over 50 part of a Red Hat club
- South Asian 20-somethings dressed professionally
- Black teens in jeans and hoodies

"Please have your eyes on me while I'm talking."

"Please sit down and sit still."

HYPERALLERGIC

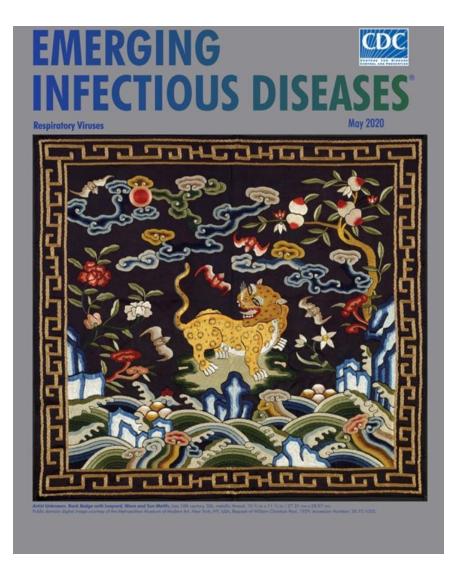
OPINION

The CDC's Misappropriation of a Chinese Textile, and Why It Matters

The cover of the May 2020 issue of the Centers for Disease Control and Prevention's *Emerging Infectious Diseases* journal stokes xenophobia against Asian-Americans by identifying COVID-19 as a Chinese disease.

Michelle C. Wang May 11, 2020

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What can we do to counteract implicit bias?

Slowing Down Perspective Taking Asking Yourself Cultural Intelligence Exemplars Expand



Star Path, 2017, Tom Hammick

To manage bias, we must create **space** between our automatic reflexes and our responses.



Star Path, 2017, Tom Hammick

Slowing Down:

being mindful and considered in your responses to others



Polaris, 1987, Martin Wong

SPACE2

Include-Empower.com Felicity Menzies, CEO

Perspective Taking:

actively imagining the thoughts and feelings of others



"Spinaround Plan-It Coin Bank" mechanical bank, 1959

Asking Yourself:

active self-questioning to challenge your assumptions



The Artificial or Oblique Armillary Sphere, 1740, Nicolas de Fer

Cultural Intelligence:

interpreting a person's behavior through their cultural lens rather than your own



Night Sky Near Bismarck, North Dakota, 1981, Thomas F. Arndt

Exemplars:

identifying counterstereotypical individuals



Night View of Saruwaka-machi, 1857, Utagawa Hiroshige

SPACE2

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Expand:

the formation of diverse friendships



"Sputnik Bank", c. 1957

Divergent Thinking – Move Beyond Stereotypes



Sharecropper, 1952, Elizabeth Catlett

Minneapolis Institute of Art

More ideas for counteracting unconscious bias

- Use inclusive language
- Expose yourself to countersterotyping imagery
- Use social media to seek out and amplify voices different than yours
- Find members of underrepresented groups that you admire
- Use your imagination to counterprogram your brain