

Minneapolis Institute of Art

Stop and Chat training

Tibetan Buddhist Shrine



Mia

Anyone new to a Stop and Chat assignment?

- **Spark curiosity and inspire exploration in visitors of all ages.**
- **Involves the visitor in conversation about the objects.**
- **Allows the visitor to direct the discussion/discovery and explore those things of interest to the individual.**
- **Provides opportunities for visitors to handle art objects with care.**
- **Stimulates as many of the five senses as possible/practical.**

**November 5 to January 31, Tuesdays through
Sundays, 1-3 pm**

**No Stop & Chat on Thanksgiving Day, Christmas
Eve and Christmas Day**

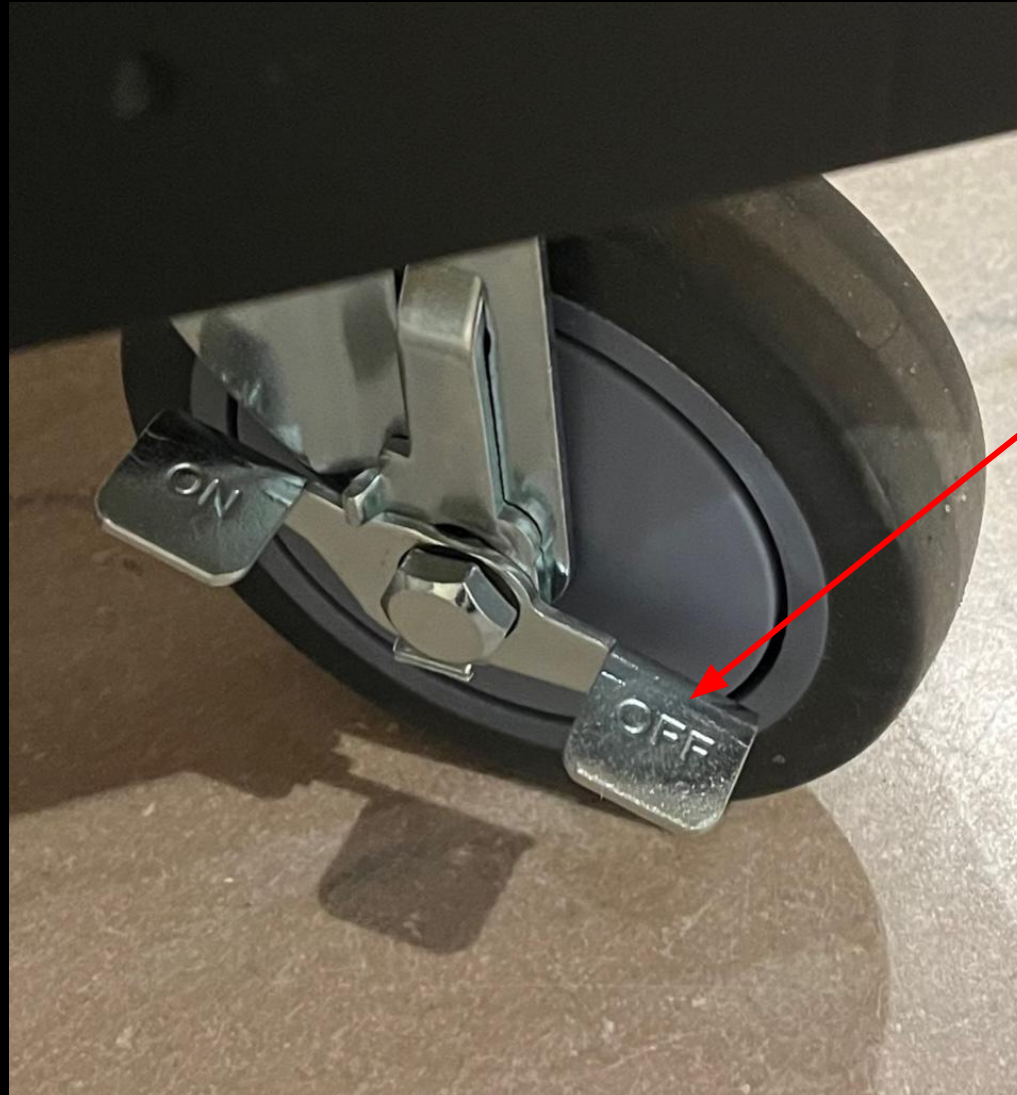
Location is Gallery 255. The cart will be stored in the 2nd floor closet, between Oceania and Latin America.



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Remember to lock the wheels on the cart once stationed.

Two gallery stools will be on top of the cart. Easels will be provided for the hangings.



The cart will have an attendance clicker and Ask Me buttons.

Record the attendance at the end of the shift (attendance sheets are posted on the bulletin board in the guide lounge).



iPads: Pick up and bring back to Guide Lounge, plug in to charge after shift ends.



Map

(from Plateau Maps/
[Meltdown in Tibet](#))



TIBETAN VAJRA BELL AND VAJRA SCEPTER





Monks of the Gyuto Tantric University, Yamantaka Mandala, 1991
Colored silicate and adhesive on wood 92.44



Union of wisdom (female energy) and
compassion (male energy)





Linga-yoni, East Java, Indonesia
Wikimedia Commons



VAJRASATTVA THANKA PAINTING



VAJRASATTVA THANKA PAINTING



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VAJRASATTVA



Tibet or China, Ritual crown (diadem), 18th century
Leather with polychrome lacquer 98.52
Gallery 212

TIBETAN HOME SHRINE BANNER

In many Tibetan Buddhist homes, small altars or shrines are placed in the corner or in a quiet room where family members can meditate and pay homage to their personal guiding deities, who have been selected for them by their lama (monk or priest). Offerings on the altar might include flowers, food, candles, and incense.

This altar is an important place in Tibetan Buddhist worship because it is where the worshipper makes a connection with the Buddha, bodhisattvas, or their personal guiding deity.



TIBETAN HOME SHRINE BANNER

Symbolism

Parasol

Coupled Golden
Fish

Vase of Treasure



TIBETAN HOME SHRINE BANNER

Symbolism

Lotus Flower

White Conch
Shell

Endless Knot



**TIBETAN HOME SHRINE
BANNER
Symbolism**

Victory Banner

Wheel



CHAK-PUR (Sand Mandala Funnel) AND COLORED SAND



TIBETAN PRAYER WHEEL

<https://www.youtube.com/watch?v=hsaVQme9EHw>

<https://www.youtube.com/watch?v=bgG1ynC346I>



TIBETAN SINGING BOWL

The inscriptions are the Om Mani Padme Hum mantra.

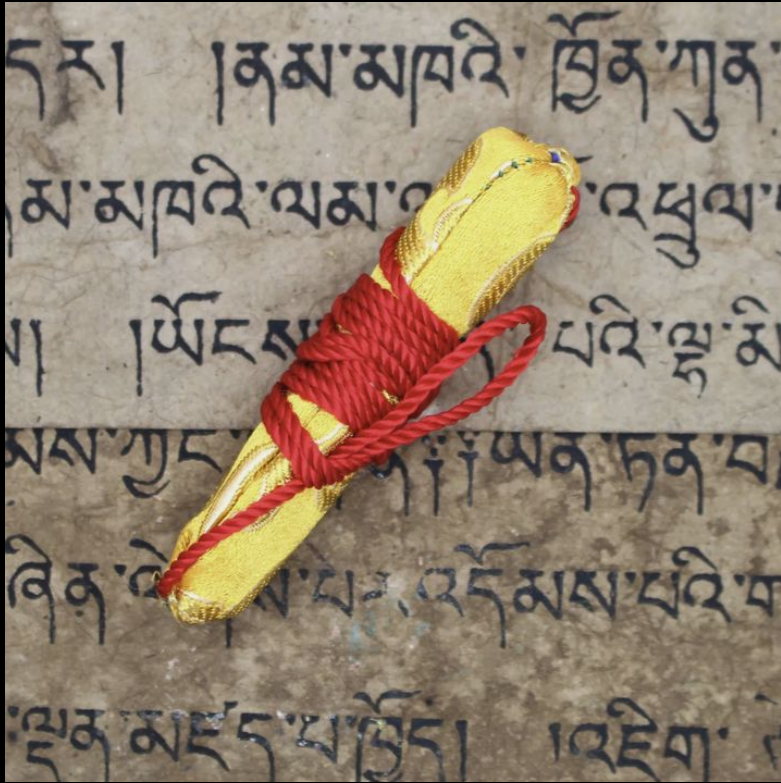
A representation of the Wheel of Dharma is raised within.



TIBETAN AMULETS (GA'U)



TIBETAN AMULETS (GA'U)



TIBETAN AMULETS (GA'U)



iPad

Sand mandala at Mia: chak-purs in action! See this in a video on the iPad:

<https://www.youtube.com/watch?v=tsMtBqBHzkE>

Or FaceBook reel:

<https://www.facebook.com/reel/539707668479541>

iPad

Buddhist prayer wheels in action:

<https://www.youtube.com/watch?v=hsaVQme9EHw>

Connection to Exhibition page and materials:

<https://app.smartify.org/en-GB/tours/welcome-to-mia?tourLanguage=en-GB>

Photo props

Alice Kandell and the Dalai Lama together

Nuns making sand mandala at Mia

Map

Additional ideas?

Touch samples: See information in 3-ring binder.
Easels will be provided for the hangings. Use the white sand for the chak-pur.

Laminated props: Photos of sand mandala making

iPad: links to video of sand mandala, Exhibition page of shrine with some explanatory text, prayer wheels video

Questions?